

Flu Watch

South Carolina Department of Health and Environmental Control Division of Acute Disease Epidemiology

Week Ending April 26, 2014 (MMWR Week 17)

All data are provisional and may change as more reports are received.

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MMWR Week 17 at a Glance:

Influenza Activity Synopsis:

Influenza activity in South Carolina experienced a marked decrease during the past MMWR week, with ILI percentage well below baseline. South Carolina reported Sporadic activity for week 17.

Laboratory surveillance:

- 204 laboratory-confirmed cases of influenza were reported from 23 counties. 35,858 cases have been reported this season, with laboratory-confirmed cases identified in 45 counties.
- 31,232 (87.1%) of all laboratory-confirmed cases this season are influenza A, 3,757 (10.7%) are influenza B, 652 (1.9%) are influenza A/B, and 198 (0.56%) are of unknown type.

ILI Activity (South Carolina baseline is 2.05%):

• Influenza-like illness activity at sentinel providers was below South Carolina's baseline (0.19%). ILI percentages represent ILI activity reported by sentinel providers; however, a small number of providers reported data for this week, so ILI percentages may not be representative of actual flu activity.

Hospitalizations:

• 16 lab confirmed hospitalizations were reported. Since 9/29/13, 1865 lab confirmed hospitalizations have been reported.

Deaths:

• No lab confirmed deaths were reported. Since 9/29/13, 76 lab confirmed deaths have been reported.

Summary of ILI Activity, Positive Confirmatory Tests, and Influenza Associated Hospitalizations and Deaths Compared to Previous Week and Season

| | Current week | Previous week | Change from previous week | Cumulative (2013-14) | Cumulative (2012-13) | Cumulative change 2013-14 compared to 2012-13 |
|---|-----------------|------------------|---------------------------------|-------------------------|-------------------------|--|
| Number of positive confirmatory tests (culture, RT-PCR, DFA, IFA) | 0 | 2 | ▼ 100% | 790 | 1173 | A 48.4% |
| Percent of ILI visits reported by ILINet providers | 0.19% | 1.24% | V 1.05% | | | |
| Number of lab confirmed flu hospitalizations | 16 | 16 | 0 | 1865 | 1708 | A 9.2% |
| Number of lab confirmed flu deaths | 0 | 0 | - | 76 | 46 | A 65.2% |

Summary of ILI Activity, Positive Confirmatory Tests, and Influenza Associated Hospitalizations and Deaths, 2009-10 through 2013-14 Seasons

| Corresponding MMWR week during each season | 2013-14 | 2012-13 | 2011-12 | 2010-11 | 2009-10 |
|---|----------|---------|----------|----------|---------|
| Influenza activity level | SPORADIC | LOCAL | SPORADIC | SPORADIC | LOCAL |
| Positive confirmatory tests (current week) | 0 | 7 | 6 | 0 | 1 |
| Positive confirmatory tests (cumulative) | 790 | 1173 | 115 | 616 | 903 |
| Total number of patient visits for ILI | 7 | 8 | 19 | 15 | 52 |
| ILI percentage | 0.19% | 0.17% | 0.28% | 0.34% | 0.68% |
| Hospitalizations (current week) | 16 | 8 | 6 | 0 | 3 |
| Deaths (current week) | 0 | 2 | 0 | 0 | 0 |

I. Confirmatory testing

| Positive confirmatory influenza test results* Current MMWR Week (4/20/14 – 4/26/14) | | | | | | |
|--|------------------------|--|--|--|--|--|
| | BOL and reference labs | | | | | |
| Number of positive confirmatory tests | 0 | | | | | |
| Influenza A unsubtyped | | | | | | |
| Influenza A H1N1 | | | | | | |
| Influenza A H3N2 | | | | | | |
| Influenza B | | | | | | |
| Unk/Other | | | | | | |
| Includes culture, RT-PCR, | DFA, and IFA | | | | | |

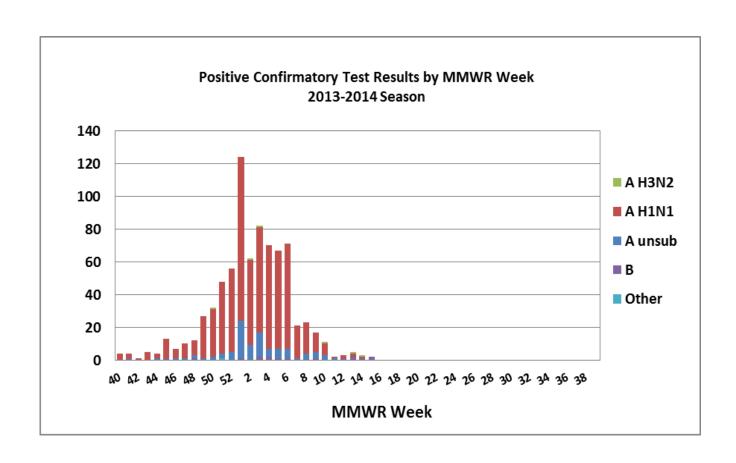
For the current MMWR reporting week, 0 positive confirmatory tests were reported. So far this season 790 positive confirmatory tests have been reported.

| Positive confirmatory influenza test results* Cumulative (09/29/13 –4/26/14) | | | | |
|---|------------------------|--|--|--|
| | BOL and reference labs | | | |
| Number of positive confirmatory tests | 790 | | | |
| Influenza A unsubtyped | 93 (11.8%) | | | |
| Influenza A H1N1 669 (84.7%) | | | | |
| Influenza A H3N2 6 (0.76%) | | | | |
| Influenza B 19 (2.4%) | | | | |
| Unk/Other 3 (0.38%) | | | | |
| Includes culture, RT-PCR, DFA, and IFA | | | | |

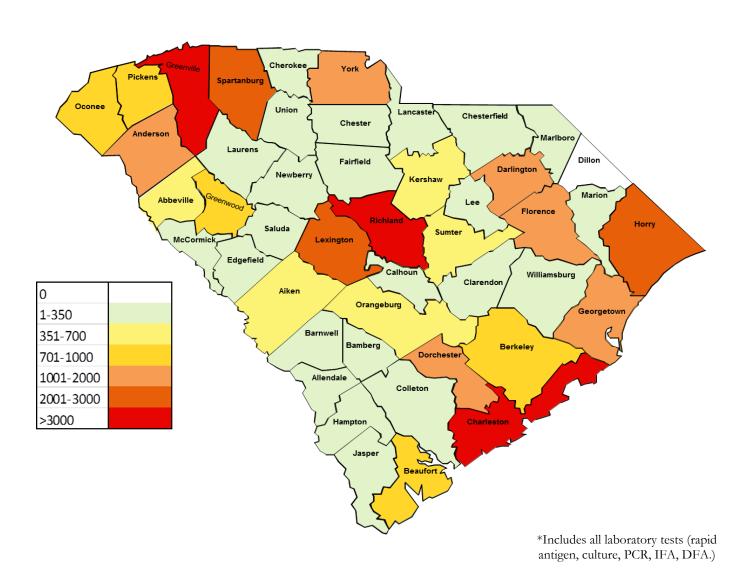
Positive Confirmatory Tests by County* Current Week 4/20/14 – 4/26/14

| County | Positive Tests | County | Positive Tests | County | Positive Tests |
|--------------|----------------|------------|----------------|--------------|----------------|
| Abbeville | | Dillon | | Marion | |
| Aiken | | Dorchester | | Marlboro | |
| Allendale | | Edgefield | | McCormick | |
| Anderson | | Fairfield | | Newberry | |
| Bamberg | | Florence | | Oconee | |
| Barnwell | | Georgetown | | Orangeburg | |
| Beaufort | | Greenville | | Pickens | |
| Berkeley | | Greenwood | | Richland | |
| Calhoun | | Hampton | | Saluda | |
| Charleston | | Horry | | Spartanburg | |
| Cherokee | | Jasper | | Sumter | |
| Chester | | Kershaw | | Union | |
| Chesterfield | | Lancaster | | Williamsburg | |
| Clarendon | | Laurens | | York | |
| Colleton | | Lee | | Unknown | |
| Darlington | | Lexington | | | |

^{*}Includes culture, PCR, DFA, IFA

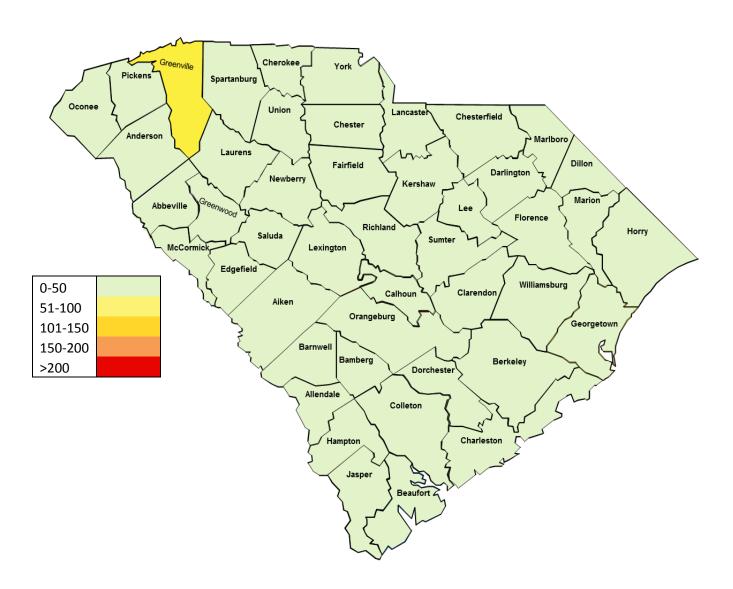


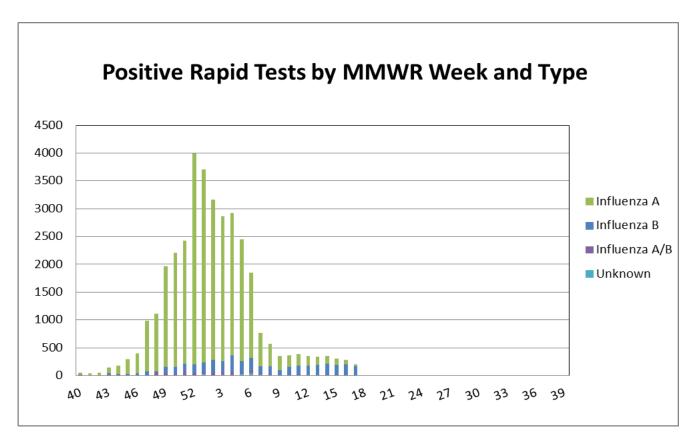
Map of all Laboratory Confirmed Cases* by County Cumulative 09/29/13 – 4/26/14

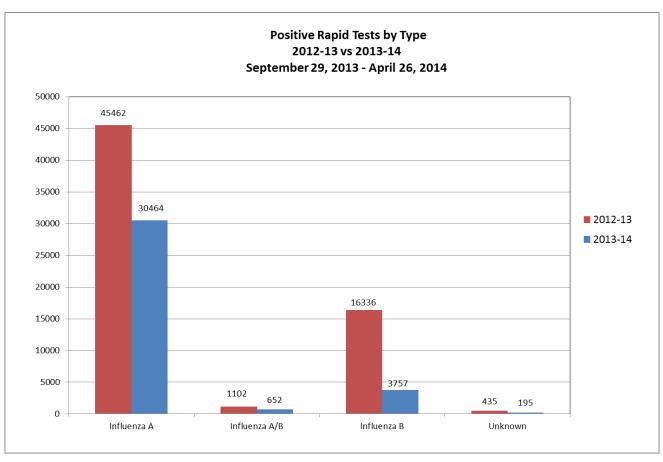


II. Positive Rapid Antigen Tests

For the current MMWR reporting week, 204 positive rapid antigen tests were reported. Of these, 41were influenza A, 9 were influenza A/B, 153 were influenza B, and 1 was unknown. This compares to 255 this time last year.

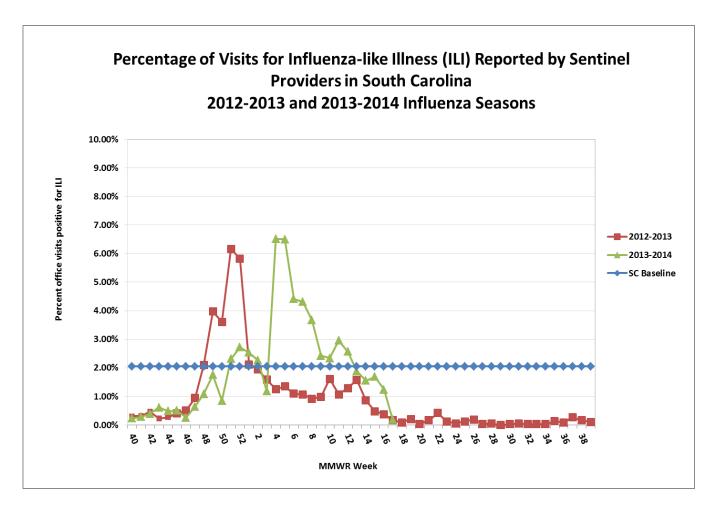






III. ILINet Influenza-Like Illness Surveillance

During the most recent MMWR week, 0.19 % of patient visits to SC ILINet providers were due to ILI. This is below the state baseline **(2.05%)**. This ILI percentage compares to 0.17% this time last year. Reports were received from providers in 8 counties, representing 3 of the 4 regions.



^{*}The SC baseline is the mean percentage of patient visits for ILI during non-influenza weeks (weeks when percent of positive lab tests was below 20%) for the previous three seasons plus two standard deviations.

Influenza-Like Illness Reported by Sentinel Providers April 20, 2014 – April 26, 2014

| County | ILI % | County | ILI % |
|--------------|-------|--------------|-------|
| Abbeville | | Greenwood | NR |
| Aiken | 0% | Hampton | NR |
| Allendale | | Horry | NR |
| Anderson | 1.72% | Jasper | NR |
| Bamberg | | Kershaw | NR |
| Barnwell | | Lancaster | |
| Beaufort | NR | Laurens | NR |
| Berkeley | NR | Lee | |
| Calhoun | | Lexington | NR |
| Charleston | NR | Marion | |
| Cherokee | | Marlboro | |
| Chester | | McCormick | NR |
| Chesterfield | | Newberry | |
| Clarendon | | Oconee | |
| Colleton | | Orangeburg | |
| Darlington | | Pickens | 0% |
| Dillon | NR | Richland | 0.21% |
| Dorchester | NR | Saluda | 0% |
| Edgefield | | Spartanburg | |
| Fairfield | | Sumter | |
| Florence | 0% | Union | |
| Georgetown | NR | Williamsburg | |
| Greenville | 0.44% | York | |

NR: No reports received ---: No enrolled providers

IV. Influenza hospitalizations and deaths

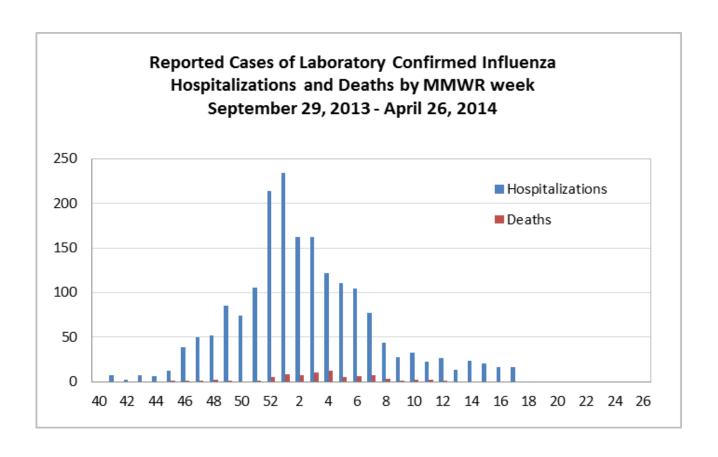
For the current MMWR reporting week, 16 lab confirmed influenza hospitalizations were reported by 39 hospitals. No lab confirmed influenza deaths were reported. 1865 lab confirmed influenza hospitalizations and 76 lab confirmed influenza deaths have been reported since 9/29/13.*

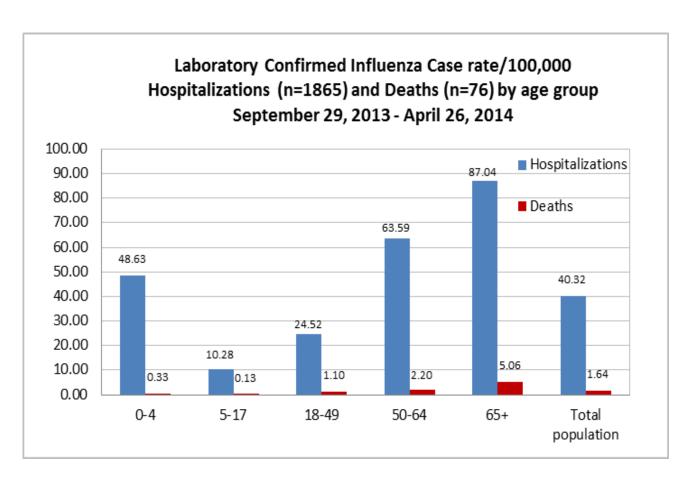
| Current MMWR Week | | | | | | | |
|-------------------|-----|------|-------|-------|-----|-----|-------|
| | 0-4 | 5-17 | 18-49 | 50-64 | 65+ | Unk | Total |
| Hospitalizations | 0 | 0 | 2 | 5 | 9 | | 16 |
| Deaths | | | | | | | 0 |

| Cumulative Cumulative | | | | | | | |
|-----------------------|-----|------|-------|-------|-----|-----|-------|
| | 0-4 | 5-17 | 18-49 | 50-64 | 65+ | Unk | Total |
| Hospitalizations | 147 | 80 | 491 | 579 | 550 | 2 | 1865 |
| Deaths | 1 | 1 | 22 | 20 | 32 | | 76 |

^{*} Lab confirmation for hospitalizations and deaths includes culture, PCR, DFA, IFA, and rapid test.

| Influenza Deaths by SC Public Health Region | | | | | |
|---|--------------|--|--|--|--|
| Region | Total Deaths | | | | |
| Lowcountry | 17 | | | | |
| Midlands | 18 | | | | |
| Pee Dee | 11 | | | | |
| Upstate | 30 | | | | |
| Total | 76 | | | | |





V. South Carolina Influenza Surveillance Components

South Carolina influenza surveillance consists of mandatory and voluntary reporting systems for year-round influenza surveillance. These networks provide information on influenza virus strain and subtype and influenza disease burden.

Mandatory Reporting

Positive confirmatory test reporting

Positive influenza culture, PCR, DFA, and IFA results from commercial laboratories should be reported to DHEC within 3 days electronically via CHESS or using a DHEC 1129 card.

Positive rapid antigen test reporting

Summary numbers of positive rapid influenza tests and influenza type identified should be sent to the regional health department by fax or email before noon on Monday for the preceding week.

Influenza deaths

All lab confirmed influenza deaths in adults should be reported to DHEC within 24 hours. These include results from viral culture, PCR, rapid flu tests, DFA, IFA or autopsy results consistent with influenza.

Influenza hospitalizations

DHEC requires weekly submission of laboratory confirmed influenza hospitalizations. Hospitals should report these to their <u>regional</u> health department by noon on Monday for the preceding week.

For additional information about ILINet or to become an ILINet provider, contact the Acute Disease Epidemiology influenza surveillance coordinator at springcb@dhec.sc.gov.

Voluntary Networks

Influenza-Like Illness (ILINet) Sentinel Providers Network ILINet focuses on the number of patients presenting with influenza-like symptoms in the absence of another known cause. ILI is defined as fever (temperature ≥100°F) plus a cough and/or a sore throat in the absence of another known cause. Providers submit weekly reports to the CDC of the total number of patients seen in a week and the subset number of those patients with ILI symptoms by age group.

South Carolina Disease Alerting, Reporting & Tracking System (SC-DARTS)

SC-DARTS is a collaborative network of syndromic surveillance systems within South Carolina. Currently our network contains the following data sources: SC Hospital Emergency Department (ED) chief-complaint data, Poison Control Center call data, Over-the-Counter (OTC) pharmaceutical sales surveillance, and CDC's BioSense Biosurveillance system. The hospital ED syndromic surveillance system classifies ED chief complaint data into appropriate syndrome categories (ex: Respiratory, GI, Fever, etc.). These syndrome categories are then analyzed using the cumulative sum (CUSUM) methodology to detect any significant increases. Syndromic reports are distributed back to the hospital on a daily basis.

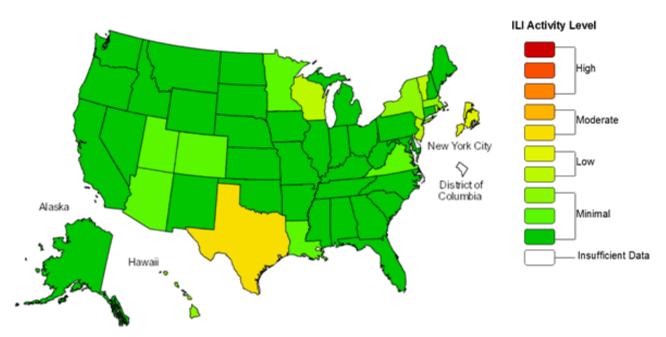
VI. National Surveillance MMWR Week 16 (4/13 - 4/19)

During week 16 (April 13-19, 2014), influenza activity continued to decrease in the United States.

- o Viral Surveillance: Of 5,061 specimens tested and reported during week 16 by U.S. World Health Organization (WHO) and National Respiratory and Enteric Virus Surveillance System (NREVSS) collaborating laboratories, 606 (12.0%) were positive for influenza.
- o **Pneumonia and Influenza Mortality:** The proportion of deaths attributed to pneumonia and influenza (P&I) was below the epidemic threshold.
- o Influenza-Associated Pediatric Deaths: Three influenza-associated pediatric deaths were reported.
- o **Influenza-associated Hospitalizations:** A season-cumulative rate of 33.9 laboratory-confirmed influenza-associated hospitalizations per 100,000 population was reported.
- Outpatient Illness Surveillance: The proportion of outpatient visits for influenza-like illness (ILI) was 1.4%, which is below the national baseline of 2.0%. Two of 10 regions reported ILI at or above region-specific baseline levels. One state experienced moderate ILI activity; four states and New York City experienced low ILI activity; 44 states experienced minimal ILI activity, and the District of Columbia and one state had insufficient data.
- o Geographic Spread of Influenza: The geographic spread of influenza in five states and Guam was reported as widespread; three states reported regional influenza activity; Puerto Rico and 13 states reported local influenza activity; the District of Columbia and 25 states reported sporadic influenza activity, and the U.S. Virgin Islands and four states reported no influenza activity.

A description of surveillance methods is available at: http://www.cdc.gov/flu/weekly/overview.htm

Influenza-Like Illness (ILI) Activity Level Indicator Determined by Data Reported to ILINet 2013-14 Influenza Season Week 16 ending Apr 19, 2014



VII. Definitions for Influenza Surveillance

Activity level: Indicator of the geographic spread of influenza activity which is reported to CDC each week.

- No activity: No increase in ILI activity and no laboratory-confirmed influenza cases.
- Sporadic: No increase in ILI activity and isolated laboratory-confirmed influenza cases
- *Local:* Increased ILI or 2 or more institutional outbreaks in one region and laboratory-confirmed influenza cases within the past 3 weeks in the region with increased ILI or outbreaks
- *Regional:* Increased ILI or institutional outbreaks in 2-3 regions and laboratory-confirmed influenza cases within the past 3 weeks in the regions with increased ILI or institutional outbreaks
- *Widespread:* Increased ILI and/or institutional outbreaks in at least 4 regions and laboratory confirmed influenza in the state within the past 3 weeks

Confirmatory testing: Influenza testing which is considered to be confirmatory, such as a viral culture or PCR

Influenza-like illness (ILI): Fever (temperature of 100°F [37.8°C] or greater) and cough and/or sore throat

MMWR week: Term for influenza surveillance week. Each week begins on Sunday and ends on Monday. The influenza season begins with MMWR week 40 and ends with MMWR week 39. The 2013-14 influenza season began on September 29, 2013 and will end on September 27, 2014.

Laboratory-confirmation: Positive influenza resulting from one of the following methods:

- DFA
- IFA
- Rapid influenza antigen test
- RT-PCR
- Viral culture